

PRE-NURSERY - Y3 **MAY 2025**

SEASONAL FRUITS:

Banana, Apple, Pear, Strawberry, Pineapple & Orange

DIFFERENTIATING VALUE









ALLERGENS



Avda. 1º de Mayo (esq. Bailén) - 46100 Burjassot (Valencia) T. 963 169 106 / F. 963 169 107 - www.colevisa.com colevisa@colevisa.com - www.facebook.com/colevisa

We have menus adapted to the age of children, diets, allergies, celiac disease, etc. Nutritional assessment is based on age group. Our menus are prepared according to the guidelines of the "Guide to school dining rooms of the Generalitat Valenciana.

Information on allergens is available in the kitchen and the address of the center. Whole wheat bread will be

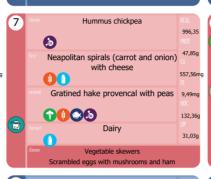








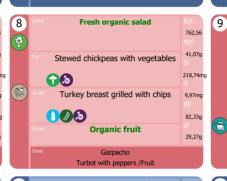












Codfish a la Vizcaína (tomato, pepper 5,68mg

and onion)

Organic fruit

Roasted vegetables

Cheese fingers

chicken

Ice cream

P

29

Holiday



114,73g

44.15a

Holiday

Andalusian gazpacho

Grilled burger with chips

Fruit

Creamed vegetables

Milanese rice with lean and chickpeas 33,19g

724 87

8,96mg

99,31g







5

6.

a

(b)

100

(b)

19

26

Fruit

Boiled vegetables

Homemade pizza /Fruit

Seasonal vegetable salad

Fish with seafood

Cob of corn with salt

Seasonal vegetable salad

White rice with tomato and egg

Hake in mery sauce with sautéed

vegetables

Fruit

Gazpacho Chicken and broccoli burgers /Fruit

Seasonal vegetable salad

Cream of beans and vegetables

Loin escalope and eggplant

Fruit

Gaznacho

Spaghetti with tomato sauce with tuna 41,91g

Y4 - Y11 **MAY 2025**

SEASONAL FRUITS:

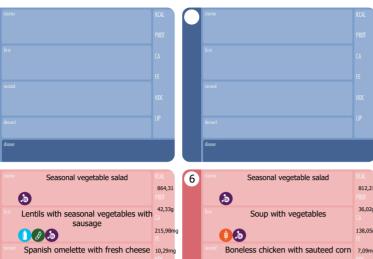
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753.38

357,59mg

6.56m

123,09q

28,79g

877,92

27,84g

157 86m

110,87q

36,57q













8

76

Holiday

Fresh organic salad

Stewed chickpeas with vegetables

Turkey breast grilled with chips

Organic fruit

Gazpacho

Lentils with vegetables ECO with

Organic fruit

Sautéed vegetable stew

762,56

41,07g

218 74m

82,33q

29,27q

682.50

32,68g

241,29mg

4 37m

94.830

19.200







Holiday









Y9 - Y11 - 2ND OPTION MAY 2025

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DIFFERENTIATING VALUE **ALLERGENS**



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887,07

36,93g

96,040

47,00g

Fruit









Holiday

Lentils with vegetables ECO with

rice

with vegetables

Organic fruit

Sautéed vegetable stew

Hake and toast with tomate /Fruit

Fresh organic salad

Combo (onion rings, cheese fingers

and tex-mex chips)

Hake with lemon

Ice cream

per salad with tomato and cheese

508.31

26,81g

237,61mg

3 15m

46.140

a





Holiday

