

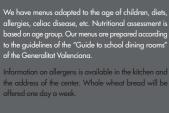
PRE-NURSERY - Y3 **APRIL 2025**

SEASONAL FRUITS:

Banana, Apple, Pear, Strawberry, Pineapple & Orange

DIFFERENTIATING VALUE **ALLERGENS**







(b)

21

Fruit

Escalivada

Lean pork /Fruit

Seasonal vegetable salad

Macaroni Bolognese

Grilled hake with peas

Fruit

Full salad

Holiday

Holiday

7,72mg







(b)





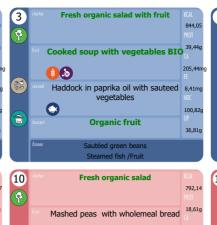
Milanese Neapolitan style with pepper 10,04mg

Homemade cake with "dulce de leche"

Roasted vegetables

Lean pork /Fruit

Holiday

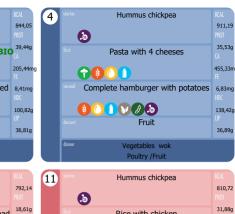


Mixed meatballs with cous cous

Organic fruit

Grilled onion tender and red pepper

Blue fish /Fruit



155,86mg

101,04

37,92q



Holiday

Hummus chickpea

Vegetables wok

911.19

35,53q

455,33mg

138,420

36,89g



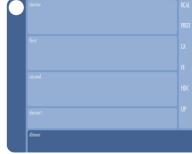
274,30mg

115,60g











Y4 - Y11 **APRIL 2025**

SEASONAL FRUITS:

Banana, Apple, Pear, Strawberry, Pineapple & Orange

Quinoa, cherry, carrot, avocado and black olive salad

Lentils with seasonal vegetables

Fruit

Escalivada

Lean pork /Fruit

Seasonal vegetable salad

Macaroni Bolognese

Grilled hake with peas

Fruit

7000

(5)

1

Spanish omelette with ham and cheese0,81mg



Cooked soup with vegetables BIO 39,82g

Baked chicken and eggplant

Fruit

Gratin vegetable toast

Whitefish /Fruit



Fresh organic salad

wheat)

Homemade cake with "dulce de leche"

Roasted vegetables

Lean pork /Fruit

Argentine locro (beans, chorizo, tender 58,12g

Milanese Neapolitan style with pepper 12,21mg

1263,27



Mashed peas with wholemeal bread

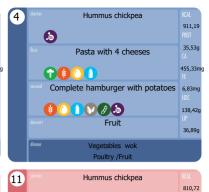
Mixed meatballs with cous cous

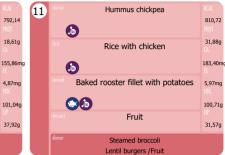
Organic fruit

Grilled onion tender and red pepper

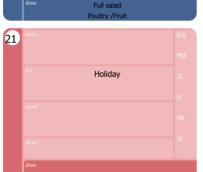
Blue fish /Fruit

(1)







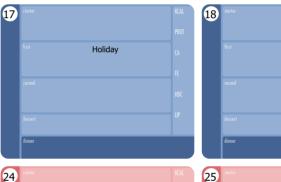




Holiday

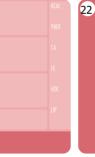


Holiday









50,91g

110,84g

37,65g

979,53

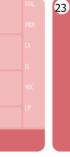
41.85a

237.60m

7.72m

112.890

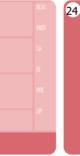
42,00g



7,82mg

88,11g

25,93g





Avda. 1º de Mayo (esq. Bailén) - 46100 Burjassot (Valencia) T. 963 169 106 / F. 963 169 107 - www.colevisa.com colevisa@colevisa.com - www.facebook.com/colevisa

We have menus adapted to the age of children, diets, allergies, celiac disease, etc. Nutritional assessment is based on age group. Our menus are prepared according to the guidelines of the "Guide to school dining rooms of the Generalitat Valenciana.

the address of the center. Whole wheat bread will be











Y9 - Y11 - 2ND OPTION **APRIL 2025**

SEASONAL FRUITS:

Banana, Apple, Pear, Strawberry, Pineapple & Orange

DIFFERENTIATING VALUE **ALLERGENS**







Fruit

Escalivada

Lean pork /Fruit

Seasonal vegetable salad

Macaroni Bolognese

Spanish omelette with peas

Fruit

Full salad

(2)

706



Hake in "marinera" style

Gratin vegetable toast

Whitefish /Fruit

96,03g

43,94g

1033.31

34,00q

214,00m

8.80mg

128,419

44,50a



















